



Charles C. Marshall

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Camp Menu

(incorporating 24 hour Famine and 12 hour famine)

Kettleless 23rd -25th March 2007

	Breakfast	Morning Break	Lunch	Tea	Dinner		Supper
Friday 23/03	N/A	N/A	N/A	N/A	N/A		Soup & Rolls Milk Drinks
Saturday 24/03	Cerials Spice Breads Toast Juice Fruit	Drinks Biscuits	Roast Carrots, Potatoes Chocolate Sponge with Sauce and Ice Cream	Water	Over 12s Water	Under 12s Bacon and Tomato Pasta Fruit	Over 12s - Water Under 12s -Soup
Sunday 25/03	Water	Water	Nile River Soup Stew, Corn dumplings, Gari Foto Coconut Rice Pudding Fruit Salad	N/A	N/A		N/A

Hot and Cold drinks available at Base all the time.

Northallerton District Scout Council

District Commissioner: Steve Buxton,
18 Hambleton Avenue, Northallerton DL7 8SW

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